

# Preschool Dance (Ages 2-5)

create. elevate. achieve.

## MUSIC & MOVEMENT

**Parented class | Age 2  
8 week session**

In this class we will explore movement and basic rhythms, as well as learn how to be a part of a classroom setting through the use of imagination, mime, song and games.

**Sessional:** Tues 10:30-11  
Sat 1:45-2:15

## mini MOVERS

**Ages 3 & 4**

**Full year or 8 week session**

Your child will begin to learn the basic foundations of ballet & dance while exploring movement through a high energy creative approach, improving their coordination, musicality and focus.

**Sessional:** Tues 11:00-11:30

**Age 3 full year:** Thurs 6:00-6:30  
Sat 9:30-10:00

**Age 4 full year:** Mon 4:15-5:00  
Sat 10:00-10:45

## TINY TUMBLERS

**Ages 3 & 4**

**8 week session**

Our mini acrobats will learn acro basics while exploring jazz based movement.

They will learn how to be part of a classroom setting and will improve their coordination, musicality and focus through the use of imagination, mime, song, and dance games. This class is perfect for your energetic little one!

**Sessional:** Weds 11:30-12:00

## HIPPITY HOP

**Ages 3 & 4**

**8 week session**

Your spunky little one will explore hip hop and jazz based movement to fun, upbeat music. They will learn how to be part of a classroom setting and will improve their coordination, rhythm and focus through exercises, combinations, and dance games. This class will leave your dancer with a smile on their face!

**Sessional:** Saturday 1:00-1:30

## HIP HOP | TAP COMBO

**Ages 4 & 5 | Full year or 8 week session**

Half of this energetic class will be spent grooving and shaking and the other half of the class will teach the basics of tap dance.

**Full year:** Mon 4:45-5:30  
**Sessional:** Sat 12:15-1:00

## ACRO JAZZ COMBO

**Ages 4 & 5 | Full year**

Our combo classes are a great way for your little one to try out different styles of dance! Each class will begin with a jazz warm up and skills, followed by acro skills on the mats.

**Full year:** Sat 10:45-11:30

## Pre Primary Ballet

**Age 5+ | Full year**

Ballet is the foundation for all other dance forms as it develops posture, alignment, coordination, balance, strength and musicality. At Elements Dance Co. classes are based on the Royal Academy of Dance syllabus, an international curriculum and examining body taught worldwide.

**Full year:** Wed 6:00-6:45 or Sat 11:30-12:15

### What to Wear?

**Music & Movement:** Comfortable clothing to move in & bare feet. A dance outfit & ballet shoes are great too!

**Mini Movers full year:** Mondor 1635 bodysuit (lilac) and Mondor 16207 skirt (lilac) OR Sansha equiv., Sansha T99CH tights (pink), Bloch 205/Sansha Star 14L leather full sole ballet shoes (pink). **Boys:** black shorts, white t-shirt & Bloch 205/Sansha Star 14L leather full sole ballet shoes (black).

**Mini Movers sessional:** any colour bodysuit, skirt optional, Sansha T99CH tights (pink) Bloch 205/Sansha Star 14L leather full sole ballet shoes (pink).

**Tiny Tumblers:** bodysuit & booty shorts (any colour), bare feet. **Boys:** solid colour shorts & t-shirt, bare feet.

**Hippity Hop:** comfortable clothing the child can move in, CLEAN indoor, non marking sneakers.

**Hip/Hop Tap Combo:** Mondor 1635 bodysuit (black) OR Sansha equiv., Sansha T99CH (camel), booty shorts (any colour), Mary Jane style tap shoe (black), CLEAN indoor, non marking sneakers. **Boys:** black shorts, white t-shirt, sneakers & black lace up tap shoes.

**Acro/Jazz Combo:** Mondor 1635 bodysuit (black), OR Sansha equiv. Sansha T99CH or T96CH (camel), booty shorts (any colour), Bloch slip on booties (tan). **Boys:** black shorts and a white t shirt, Bloch slip on booties (black).

**Pre Primary Ballet:** Mondor 1635 bodysuit (lilac), Mondor 16207 skirt (lilac), OR Sansha equiv., Sansha T99CH (pink), Bloch 205/Sansha Star 14L leather full sole ballet shoes (pink). **Boys:** black shorts and a white t shirt, Bloch 205/Sansha Star 14L leather full sole ballet shoes (black).

### What are the tuition/fees?

**Sessional classes (+gst)** 30 mins: \$120/session | 45 mins: \$140/session | 60 mins: \$160/session

**Full year sessions (+gst)** 30 mins: \$46/month | 45 mins: \$58/month | 60 mins: \$71/month

For multiple class fees, please visit our website: [elementsdance.ca](http://elementsdance.ca)