

August/September

2018

7th & 8th Grade Cross Country Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				16 First Day of School	17 Information Meeting 8:15	18
19	20	21 4:15 PM Parent Meeting 6 PM	22 7:15 AM OR 4:15 PM	23 7:15 AM OR 4:15 PM	24 7:15 AM OR 4:15 PM Paperwork Due*	25
26	27 7:15 AM OR 4:15 PM	28 7:15 AM OR 4:15 PM	29 7:15 AM OR 4:15 PM	30 7:15 AM OR 4:15 PM	31 7:15 AM OR 4:15 PM	Sept - 1
2	3 Labor Day No School or Practice	4 7:15 AM OR 4:15 PM	5 Issue Equipment 8 AM Meet @ Rouse HS	6 7:30 AM OR 4:15 PM	7 Pictures 8 AM 4:15 PM	8
9	10 7:15 AM OR 4:15 PM	11 7:15 AM OR 4:15 PM	12 Meet @ Vista Ridge	13 7:30 AM OR 4:15 PM	14 7:15 AM	15

Sept/October

2018

7th & 8th Grade Cross Country Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17 7:15 AM OR 4:15 PM	18 7:15 AM OR 4:15 PM	19 Meet @ Running Brushy MS	20 7:30 AM OR 4:15 PM	21 7:15 AM	22
23	24 7:15 AM OR 4:15 PM	25 7:15 AM OR 4:15 PM	26 Meet @ Vandegrift HS	27 7:30 AM OR 4:15 PM	28 7:15 AM	29
30	Oct - 1 7:15 AM OR 4:15 PM	2 7:15 AM OR 4:15 PM	3 District Meet @ Milburn Park	4	5	6
7	8	9	10 All Equipment DUE	11	12	13
14	15	16	17	18	19	20